



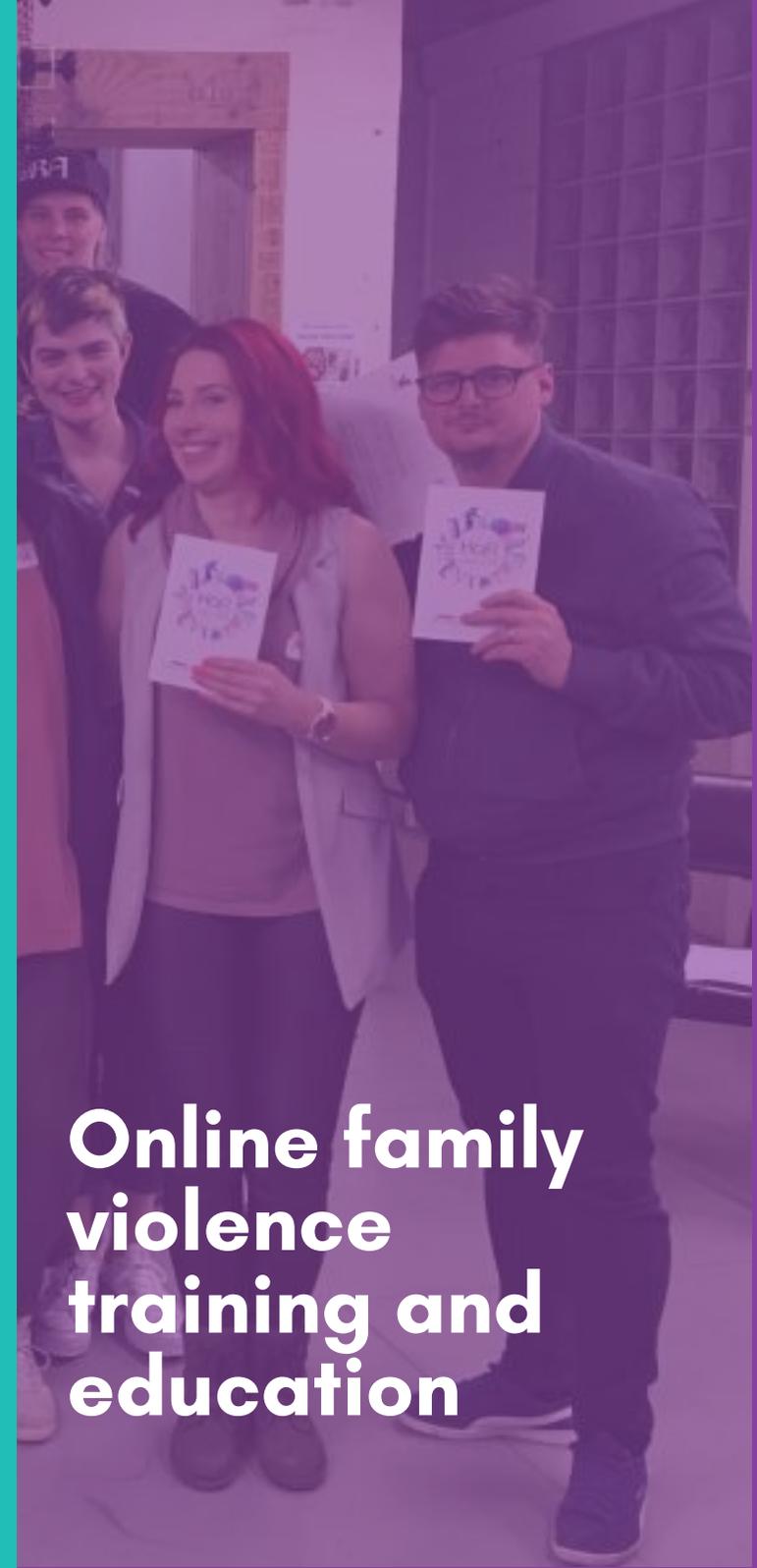
# Education and Training

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# Online family violence training and education

# 3Rs of Family Violence



Violence in the community is everyone's business. 3Rs of Family Violence is an online training designed to build the capacity and confidence of individuals and organisations to help people experiencing family violence. Training is built around the 3Rs framework:

**Recognise:** signs of family violence

**Respond:** appropriately to disclosures of family violence

**Refer:** safely to specialist family violence services

Participants also learn about the gendered nature of family violence and how to challenge community attitudes that reinforce gender inequality.

Training includes

- Registration for up to 20 participants (5 minimum)
- An interactive online workshop using Zoom
- Delivery of training by two qualified and experienced trainers
- Links and mail outs of relevant resources and information
- Support via chat function throughout training
- Pre and post-training evaluation analysis

## Training Packages

### Standard

#### Introduction to family violence

- What is family violence?
- Gender and family violence
- Family violence and gender inequality
- Intersectionality
- Commonly held beliefs

#### Recognising family violence

- Types of family violence
- Indicators of family violence in women and children
- Red flags

#### Responding to family violence

- Why we ask?
- How do we ask - directly & indirectly
- Responding to family violence disclosures
- What can you say?

#### Referring to family violence services

- What to do when referring
- Family violence programs and support
- Finding the family violence service in your area
- Key and other relevant services

### Tailored

We understand that your organisation's requirements are unique. With tailored training, our standard 3Rs of Family Violence topic guide (see left) is customised to suit your needs and training objectives.

Tailored training includes:

- 1 hour meeting between your organisation and an EDVOS Project Coordinator
- 1 hour meeting between EDVOS Project Coordinator and EDVOS Educators
- 5 hours of training content development
- Personalised training presentation slides

Sample tailored training requests:

- Inclusion of additional information
- Case studies
- Extra activities or group discussion
- Reflective or revision sessions
- Breakdown of family violence policies
- Warning signs of family violence in a specific setting

For more information or for a quote, please contact the Education and Training Team  
T: 03 9259 4200 or E: [training@edvos.org.au](mailto:training@edvos.org.au)

# FAQ

## How long is 3Rs of Family Violence training?

Training runs for 3 hours (including breaks). If requested, our training packages can be shortened to 2.5 hours or 2 hours. Please be advised that training prices are set and do not vary if training duration changes.

## Who is the standard 3Rs of Family Violence training package suitable for?

Standard training is suitable for the following target groups:

- Community, health and welfare services
- Council workers
- Parents and caregivers
- Teachers and early childhood educators
- Faith-based communities
- CALD communities
- Librarians
- Gyms

When standard training is booked, we ensure that information relevant to the target audience is included, for example warning signs of family violence seen inside a gym. If your organisation falls outside of the groups listed above or you require training to include additional information and topics outside the areas covered in a standard training, you will need to choose the Tailored training package.

## How is online training delivered?

Training is run live via Zoom. A week prior to training, participants are emailed the Zoom link, pre-training evaluation survey and a safety sheet with guidelines to ensure a safe and successful online training.

## How do you ensure safety when delivering family violence training?

We know that discussing family violence may be triggering or upsetting for some participants. Our training includes two EDVOS Educators to ensure qualified support and debriefing is available throughout training via the Chat function on Zoom.

## EDVOS requires 5 days notice of cancellation of a 3Rs of Family Violence training.

## Booking training

To request training, please contact the EDVOS Education and Training team with your preferred:

- **Training package**
- **Training day (Mon-Fri)**
- **Time (morning or afternoon session)**



**training@edvos.org.au**



**03 9259 4200**

Our team will check availability and provide an EDVOS Training Booking Form.

## About the team

Located in Melbourne's Eastern Metropolitan Region, EDVOS Education & Training is a leading provider of family violence training. We are committed to ending violence against women and children by broadening community understanding and awareness of family violence, and in 2020 delivered over 100 online trainings to organisations across Victoria. Our facilitators are respected industry professionals who have a minimum of 10 years experience in education, training and assessment.

## Who we've trained

