

3RS OF FAMILY VIOLENCE

TO END FAMILY VIOLENCE, WE MUST ALL PLAY A PART

- + RECOGNISE SIGNS OF FAMILY VIOLENCE**
- + RESPOND TO DISCLOSURES**
- + REFER TO SPECIALIST SERVICES**

Our training explores the gendered nature of family violence and is designed to give the confidence and skills needed in order to support someone experiencing violence. This training is **for everyone**, no matter where you work, study or volunteer.



OUR TRAINING PACKAGES

TAILORED

We understand that your organisation's requirements are unique. With tailored training, our standard 3Rs of Family Violence topic guide (see right) is customised to suit your needs and training objectives.

Tailored training include:

- A planning meeting between your organisation and FVREE
- Customised training content and development
- Personalised training presentation slides

Sample tailored training requests:

- Inclusion of additional information
- Introduction of new family violence workplace policies or practices to managers and staff
- Case studies
- Extra activities or group discussion
- Reflective or revision sessions
- Warning signs of family violence in a specific setting

STANDARD

Introduction to family violence

- Understanding of family violence
- Exploring the gendered nature of family violence
- Intersectionality
- Commonly held beliefs

Recognising family violence

- Types of family violence
- Indicators of family violence
- Serious risk factors of family violence

Responding to family violence

- Overcoming hesitation
- How to ask the question
- How to respond sensitively
- Responding to perpetrators of violence

Referring to family violence services

- How to find a family violence service in your area
- Understanding the key family violence services and other relevant supports

WHAT'S INCLUDED

- Registration for up to 25 participants (5 minimum)
- An interactive online or in person session
- Delivery of training by two qualified and experienced trainers
- Relevant links and resources
- Pre and post-training evaluation analysis

FAQS

How long is 3Rs of Family Violence training?

Training runs for 3 hours (including breaks). If requested, our training packages can be shortened to 2.5 hours or 2 hours. Please be advised that training prices are set and do not vary if training duration changes.

Who is the 3Rs of Family Violence training package suitable for?

The training is suitable for the following groups:

- Community, health and welfare services
- Utility and manufacturing organisations
- Council workers
- Parents and caregivers
- Teachers and early childhood educators
- Hair and beauty professionals
- Faith-based communities
- CALD communities
- Librarians
- Gyms

When the training is booked, we ensure that information relevant to the target audience is included.

For example, warning signs of family violence seen inside a gym. If your organisation falls outside of the groups listed or you require training to include additional information and topics outside the areas covered in a standard training, you will need to choose the Tailored training package.

How is online training delivered?

Training is run live via Zoom. A week prior to training, organisation/participants are emailed the relevant training materials, including the Zoom link, pre-training evaluation survey and a safety sheet with guidelines to ensure a safe and successful training.

How do you ensure safety when delivering family violence training?

We know that discussing family violence may be triggering or upsetting for some participants. Our training includes two FVREE Trainers to ensure qualified support and debriefing is available throughout training.

FVREE requires 5 days notice of cancellation for a 3Rs of Family Violence training.

BOOKING TRAINING

To request training, please contact the FVREE Education and Training team with your preferred:

- Training package (standard or tailored)
- Training delivery method (online or in-person). If in-person, please note the general location.
- Training day (Mon-Fri)
- Time (morning or afternoon session)

Our team will check availability and provide details to make a booking.

CONTACT

✉ training@fvree.org.au
☎ 03 9259 4200

FVREE FREE FROM
FAMILY
VIOLENCE

ABOUT THE TEAM

Located in Melbourne's Eastern Metropolitan Region, FVREE Education and Training is a leading provider of family violence training. We are committed to ending violence against women and children by broadening community understanding and awareness of family violence. Our facilitators are respected industry professionals who have a minimum of 10 years experience in education, training and assessment. FVREE delivers training across Australia.

FVREE also provide family violence training for those who work in the salon and animal care industries. Contact us to learn more.

PARTNERS

