

## PROGRAM OVERVIEW

# LEADERS FOR CHANGE

**FVREE** FREE FROM FAMILY VIOLENCE

## WHAT WILL THE PROGRAM INVOLVE?

Leaders For Change program inspires young people to become gender equality and respectful relationship activists for their local community and beyond. The program will involve a series of interactive workshops that cover important topics like gender equity, respectful relationships, consent, violence prevention, bystander action, and activism.

As part of this program, the young leaders will also work together to design and deliver a community event during the 16 Days of Activism against gender based violence, which runs from the 25th of November to the 10th of December 2023.

Submit your expression of interest via this link [www.surveymonkey.com/r/TJM3H57](https://www.surveymonkey.com/r/TJM3H57) or by scanning this QR code:



## REFLECTIONS FROM LAST YEARS PROGRAM..

In 2022, FVREE delivered Leaders for Change with 22 young people in the eastern region. 100% of the graduates reported that they would recommend the program to their friends. Check out some of their reflections:

I REALLY APPRECIATE THIS EVENT ORGANIZED BY FVREE TO FACILITATE UNDERSTANDING OF VIOLENCE AGAINST WOMEN AND PROVIDING YOUNG PEOPLE WITH THE OPPORTUNITY TO ENGAGE IN ACTIVISM AND NETWORK WITH OTHER LIKEMINDED PEOPLE.

THANK YOU FOR PROVIDING SUCH AN INSPIRING AND INSIGHTFUL PROGRAM! I HAVE LEARNT A LOT, AND I AM SO GRATEFUL TO MEET LIKE-MINDED PEOPLE WHO ALSO SHARE MY THOUGHTS AND FEELINGS ABOUT PREVALENT ISSUES THAT NEED TO BE COMBATTED IN SOCIETY.

THIS PROGRAM MADE ME FEEL SO PROUD OF MYSELF.

THANK YOU FOR SUPPORTING ME IN MY EARLY STAGES OF TRANSITION TO A NEW COUNTRY. I WON'T EVER FORGET THIS EXPERIENCE.



## ABOUT THE WORKSHOPS

The workshops will be interactive, informative, and empowering – there will be plenty of activities, icebreakers, guest speakers, deep discussions and time for creativity when project planning! Sure, free food is offered!

## WHO IS THE PROGRAM FOR?

Young people aged 15-25 years

## WHY SHOULD I JOIN?

- Work as a collective to design and deliver a youth-led event during the 16 Days of Activism
- Learn from multiple experienced guest speakers and be inspired to make a difference in your community
- Meet like-minded peers and professionals and build stronger bonds with your community
- Develop leadership, communication, teamwork and organisation skills (all great skills to put on your resume!)
- Free dinner and snack for face-to-face workshops (who doesn't love free food?!)

## WHO CAN I TALK TO FOR MORE INFORMATION?

Yolanda at Ph: (03) 9259 4200 or  
E: [prevention@fvree.org.au](mailto:prevention@fvree.org.au)

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[www.surveymonkey.com/r/TJM3H57](https://www.surveymonkey.com/r/TJM3H57)  
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## LOCATION

The majority of workshops will be held in **REALM Library** which is convenient for either taking public transport or driving (near **Ringwood station**; 3-hour free parking in **Eastland SC**). The workshop on 17th October will be delivered online.

## WHO IS RUNNING THIS PROGRAM?

The program will be delivered by FVREE (Brianna and Yolanda), and will be supported by organisations in the Eastern region, including Maroondah, Knox and Yarra Ranges Council. Brianna and Yolanda have experience running gender equality programs and working with young people, and are here to support all participants.

### WORKSHOP DATES

Tuesday 26/09 5:30pm-7pm  
Tuesday 3/10 5:30pm-7pm  
Tuesday 10/10 5:30pm-7pm  
Tuesday 17/10 5:30pm-7pm  
Tuesday 24/10 5:30pm-7pm  
Tuesday 31/10 5:30pm-7pm  
Tuesday 14/11 5:30pm-7pm  
Tuesday 21/11 5:30pm-7pm  
Tuesday 28/11 5:30pm-7pm

**LET'S CELEBRATE on Tuesday  
5/12 5:30pm-7pm!**

The Leaders For Change project was funded by the Victorian Government's Community Crime Prevention Program





# MEET OUR SPEAKERS

## PROGRAM FACILITATORS OF LEADERS FOR CHANGE YOLANDA AND BRIANNA



**Yolanda**, a Project Coordinator in FVREE's Primary Prevention team, brings with her a wealth of experience as a social worker. Her true passion lies in collaborating with young individuals and seeking innovative approaches to address gender inequality and family violence within the community.

With her expertise and direct service experience in this field, Yolanda is dedicated to promoting social justice. Additionally, being a native Mandarin speaker, she embraces the opportunity to learn about diverse cultures and firmly believes that through collaboration, we can achieve success in our mission to create a more just and equitable society.

Driven by her desire to contribute to the prevention of violence against women and children in Australia, **Brianna** joined the Prevention and Education Team at FVREE in 2017. As the Program Manager, she leads various projects aimed at tackling gender inequality and transforming the social norms that perpetuate violence within the community. Working closely with young people, Brianna is passionate about empowering them to cultivate safe and respectful relationships, while also providing opportunities for them to use their voice to effect positive change in their community.



## ONLINE SAFETY AND DIGITAL WELLBEING WITH TRENT RAY

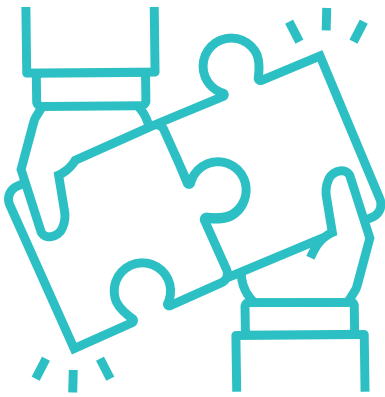


**Trent Ray** is a former primary school teacher and co-founder of the Cyber Safety Project. He believes in the power of arming individuals and communities with the knowledge and skills to drive meaningful impact.

Trent's natural talent for creating engaging learning experiences has seen him work with schools and communities across Australian and New Zealand. With the ever increasing imperative to build future ready skills for people of all ages, he now devotes his time to designing and delivering whole community approaches to cyber safety and digital wellbeing education programs.

# MEET OUR SPEAKERS

## CONSENT AND CYBER LAWS WITH ANITA & GERGIS



**Anita** is a Community Education and Engagement worker at Eastern Community Legal Centre with a background in community legal service. She has been with ECLC for almost 10 years, and her favourite part of her role is working with young people. Anita is also a respite foster carer and mum to two rescue dogs. She speaks a bit of Mandarin having lived in Beijing for a year after finishing school.

**Gergis** is a Senior Lawyer with Eastern Community Legal Centre (ECLC) and the Coordinator of the Deakin Student Legal Service. He has been working with ECLC for 4.5 years and before that he was working in private practice for 6 years.

Outside work, Gergis is heavily involved with his community and enjoys working with young people. He volunteers with his local council and other CALD communities such as the Afghani community and communities from the horn of Africa (Somalian, Eritrean, Ethiopian and Sudanese). Gergis is also an avid sports fan where he follows the AFL, Football (soccer), NBA and F1.

**Nevo Zisin** (they/them) is a storyteller, esteemed educator on transgender topics, TEDx speaker, poet, workshop facilitator in schools and workplaces, and award-winning author of Finding Nevo, a memoir on gender transition and The Pronoun Lowdown a useful guidebook on all things related to pronouns.

They have been in-conversation with Queer Eye's brilliant Jonathan Van Ness, Transparent producer Zackary Drucker & world-famous spoken-word poet & activist Alok Vaid-Menon.

Their work has appeared in The Saturday Paper, NGV Magazine, Archer Magazine, BuzzFeed, Junkee, SBS, Hack Live, ABC's The Drum, The Morning Show, amongst others. They were a 2022 Varuna Scribe Fellow and are an ambassador for both Wear It Purple and the Victorian Pride Centre.

## IT'S TIME TO BE AN ACTIVIST WITH NEVO ZISIN





DATE	TOPIC
26 SEP	LET'S GET STARTED GETTING TO KNOW EACH OTHER
3 OCT	EXPLORING RELATIONSHIP & UNDERSTANDING FAMILY VIOLENCE
10 OCT	ONLINE SAFETY & DIGITAL WELLBEING
17 OCT	PROMOTING GENDER EQUALITY
24 OCT	CONSENT & CYBER LAWS
31 OCT	BYSTANDER ACTION & ESSENTIAL ACTIONS
14 NOV	ACTIVISM IT'S TIME TO BE AN ACTIVIST
21 NOV	LET'S PLAN OUR EVENT
28 NOV	RUN THROUGH OF THE CELEBRATION EVENT
5 DEC	LET'S CELEBRATE - 16 DAYS OF ACTIVISM EVENT